



8448 Walnut Hill Lane | Dallas, TX 75231

## Medical

**Agape Clinic** <https://www.theagapeclinic.org/> 104 Junius Street, Dallas, Texas 75246. Medical 972-707-7782 | Dental 972-682-8917 The Agape Clinic is a charity clinic that provides quality healthcare services unconditionally to underserved people. Currently seeing medical patients by appointment only. Please call the clinic to make an appointment. (Monday 8a - Friday 3p) Clinic: 972-707-7782.

**Healing Hands Ministries** <https://hbmhealth.org/> 5750 Pineland Drive Dallas, TX 75231 on the 3rd floor. HHM provides accessibility to everyone, uninsured or underinsured. HHM Health accepts a wide variety of insurance including Medicaid, Medicare and private insurance.

**Greenville Health Center** 8515 Greenville Ave. Ste. N108, Dallas, TX 75243 MON-FRI: 7:00AM-6:00PM Contact (214)-221-0855. Enrollment hours MON-FRI: 8:00AM-4:30PM located at 5750 Pineland Drive Dallas, TX 75231 on the 3rd floor. Services provided: Family Practice, Behavioral Health, Dental Center, Pediatrics, Women's Health, and Rosewood Vision Center.

**Vickery Health Center** 5750 Pineland, Dallas, TX 75231 MON-FRI: 8:00AM-5:00P (214)-221-0855. Services provided: Family Practice: Women's Health Center, Pediatric Health Center.

**Woodhill Pediatrics Associates** 8335 Walnut Hill Ln, Dallas, TX 75231(214)-221-08 MON-FRI: 8:00AM-5:00PM SAT: 8:00AM – 12:00PM

**Family Health Center on Virginia | Women's Health Center Family Health Center on Virginia** <https://fhcntx.org/> 4150 Medical Center Drive, McKinney, TX 75069 214.618.5600.

The Center provides quality, affordable primary medical care, Ob/Gyn, child and adult dentistry, and counseling services for all family members, all in one convenient health clinic in McKinney. Our providers focus on keeping you and your loved ones well, regardless of your financial or insurance status. The center welcomes Medicaid, CHIP, Medicare, and most private and employer-based insurances—so staying healthy is within reach. Plus, patients may benefit from a sliding fee discount based on family size and income, regardless of insurance status. If you obtain insurance while a patient at Family Health Center on Virginia, we will be happy to continue serving you.

**Watermark Urgent Care** <https://www.watermarkurgentcare.com/> Monday-Friday, 9:00AM - Capacity, Walk-Ins Only Dallas Location 9780 LBJ Freeway Ste. #120, Dallas, TX 75243 469.317.0028 No insurance or ID necessary. No appointments required. \$10 contribution encouraged. First-come, first-served to daily capacity. Treatment for coughs, colds, flu, infections, earaches, rashes, lacerations, minor traumas and injuries.

**Los Barrios Unidos Community Clinic, Pediatrics, Women's Health, Dental, and WIC** <https://losbarriosunidos.org> 809 Singleton Boulevard, Dallas, TX 75212-4014 Telephone number - (214) 571-6132. For other locations, <https://losbarriosunidos.org/locations/> LBU Community Clinic's services are not free. The program request payment from patients in the form of a co-pay for those insurance plans that require it. For patients who are uninsured, they collect a fee for service that is based on a sliding scale, which is determined by income and family size according to Federal Poverty Level guidelines.

**Mission East Dallas Family Health Clinic** <https://missioneastdallas.org/> 4550 Gus Thomasson Road, Mesquite, Suite 40, TX 75150 (972) 682-8917 Monday - Thursday 7:30 am - 6:00 pm Friday 7:30 am - 1:00 pm Mission East Dallas is a Medical and Dental Health Center offering primary medical, dental and behavioral health services. If you have insurance

or not, services are provided. Sliding-scale fees and payment plans help you get the care you need at a price you can afford.

**Martin Luther King Jr. Family Clinic, Inc.** <https://foremostfhc.org/> Clinic location - 2922-B Martin Luther King, Jr. Blvd., Dallas, Texas 75215 (214) 426-3645 Services provided: Adult Dentistry; Behavioral Health; Family / General Medicine; Lab Testing / Support Services; Obstetrics and Gynecology; Pediatric Dentistry; Pediatrics; Podiatry; Telehealth / Telemedicine. Payment options: Sliding Fee Scale, AETNA, Ambetter, Amerigroup, BCBSTX, CHIP, CIGNA Healthspring, Cook Children's Health Plan, Delta Dental, Humana, Magnum, Medicare, Medicaid, MetLife, Molina, Parkland, Superior, TriWest-VA, United Health Care (UHC) Operation Hours: Mon, Tues, Thurs: 8:00am-5:00pm; Wed: 10:00am-7:00pm; Fri: 8:00am-1:00pm

**Urban Inter-Tribal Center of Texas WIC Clinic** <https://uitct.org/> 1261 Record Crossing Rd. Dallas, TX 75235 (214) 941-1050 UITCT is the only Urban Indian Health clinic in the state of Texas. Offering Primary Care Medical and Dental services. It is for the Native American Community in Texas.

**Parkland Hospital** <https://www.parklandhealth.org/home> 2500 Harry Hines Blvd., Dallas, Texas 75235 214.590.4900 Monday - Friday, 9:00AM – 5:00PM Parkland accepts Medicare, Medicaid and CHIP. If you do not have insurance, Parkland Financial Assistance is available to eligible Dallas County residents with income below 250 percent of FPL. Financial Assistance based on eligibility. <https://www.parklandhospital.com/parkland-financial-assistance>

**Parkland's Vickery Health Center** 8224 Park Lane, Suite 130 Dallas, TX 7523 214-266-0350 provides healthcare to children, adults and seniors. These services include physicals, preventive maintenance check-ups, chronic disease management and sick visits. Monday - Thursday | 7:30 a.m. - 6 p.m. Friday | 8 a.m. - 5 p.m. Walk-In Clinic Hours - Sunday | 8 a.m. - 5 p.m. (non-emergency only) Women's Health Clinic Hours Tuesday - Friday | 7:30 a.m. - 6 p.m. Lab Hours Monday - Friday | 8 a.m. - 5 p.m. Sunday | 8 a.m. - 4:30 p.m.

**For other locations, use this link:** <https://www.parklandhealth.org/locations?taxonomy=community-oriented-primary-care-clinics>

**Bother Bill's Help Hands Methodist Hospital** <https://bbhh.org/clinic> established a full-service Community Health Clinic that provides high quality care at little to no cost for our neighbors. Monday, Tuesday, and Friday - In Person 8:00am - 4:00pm Wednesday and Thursday - Telemedicine 8:00am - 4:00pm Call 214-638-2194 to schedule an appointment. What to bring to your appointment: Current medications list, ID of any kind and other medical information that could be helpful during your visit.

## Dental

**LBU Community Clinic Dental** <https://losbarriosunidos.org/services/> program provides comprehensive dental care for **children up to age 17**. Our dental staff educates and helps young patients maintain a healthy mouth and treats dental decay. Appointments are made by telephone. Please call (214) 651-8693. The program request payment from patients in the form of a co-pay for those insurance plans that require it. For patients who are uninsured, they collect a fee for service that is based on a sliding scale, which is determined by income and family size according to Federal Poverty Level guidelines.

**Mission East Dallas Family Health Clinic** <https://missioneastdallas.org/dental-clinic/> 4550 Gus Thomasson Road, Mesquite, Suite 40, TX 75150 (972) 682-8917 Monday - Thursday 7:30 am - 6:00 pm Friday 7:30 am - 1:00 pm Sliding-scale fees and payment plans help you get the dental care you need at a price you can afford. Call the dental team for more information. They provide Routine check-ups and cleanings, Restorative fillings, Extractions and root canals, Dentures and partial dentures, Emergency and comprehensive exams, Referrals for orthodontists, oral surgery, and other dental specialists.

**Healing Hands Dental Health Center** <https://www.hhmhealth.org/dental-services/> 8515 Greenville Ave., Dallas, Texas 75243 Phone: 214-221-0855. HHM Health accepts the following insurance: Dental Quest, MCNA, Medicaid (TMHP) United Healthcare, Lincoln Insurance. They provide Annual check-ups, X-rays, Root canals, and Crowns.

**North Dallas Shared Ministries** <https://www.ndsm.org/dental-clinic/> 2875 Merrell Road Dallas, TX 75229 214 358-8700 NDSM offers a variety of dental services on a walk-in basis beginning at 9:00 a.m. Monday through Friday in cooperation with Texas A&M Baylor College of dentistry. To be eligible, patients must be uninsured and live in the following zip codes: 75001, 75023, 75115, 75116, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287. Patients must present photo ID and proof of address. Children to be seen must be uninsured accompanied by a parent or guardian, must live within the service area and must present a birth certificate for identification.

**Urban Inter-Tribal Center of Texas WIC Clinic** <https://uitct.org/general-dental/> 1261 Record Crossing Rd. Dallas, TX 75235 (214) 941-1050 . They offer Routine exams and dental cleanings, Fillings, Fluoride treatments, Sealants, Tooth extractions, and Pediatric Dental. It is for the Native American Community in Texas.

## Pharmacy

**St. Vincent de Paul Pharmacy** [Pharmacy Main | St. Vincent de Paul of North Texas \(svdpdallas.org\)](#) 5750 Pineland Drive, #280 Dallas, TX 75231 469-232-9902 Hours: Monday—Friday, 8:30 am—4:30 pm. If you don't have health insurance and can't afford your prescription medication, you may qualify to get it filled at no cost to you.

## Maternity and Newborn Medical Services

**Dallas Healthy Start** [Dallas Healthy Start | Parkland Health](#). Call 214-590-1670 or email [DallasHealthyStart@phhs.org](mailto:DallasHealthyStart@phhs.org). Parkland's Dallas Healthy Start program seeks to reduce infant deaths, pre-term and low-weight births. Dallas Healthy Start provides:

- Case management home visits
- Medicaid access
- Prenatal education
- Depression screening and referrals
- Substance abuse prevention, screening, and referrals
- Food and housing assistance
- Breastfeeding information
- Well baby care
- Nutrition counseling
- Family planning referrals
- Teen pregnancy prevention
- Transportation assistance
- Dental care referrals
- Father and male involvement
- Car seat education and distribution program
- learn more about Dallas Healthy Start, please

**Texas Health and Human Resources** [Medicaid for Pregnant Women & CHIP Perinatal | Texas Health and Human Services](#) Medicaid for Pregnant Women & CHIP Perinatal. Pregnant women might be able to get free health coverage during their pregnancy through Medicaid for Pregnant Women or the CHIP Perinatal program. Medicaid provides health coverage to low-income pregnant women during pregnancy and up to two months after the birth of the baby. CHIP Perinatal provides similar coverage for women who can't get Medicaid and don't have health insurance. To get Medicaid

for Pregnant Women or CHIP Perinatal, you must be a Texas resident. You must be a U.S. citizen or qualified non-citizen to get Medicaid for Pregnant Women. To apply for CHIP or Medicaid Prenatal, click the following:

<https://www.yourtexasbenefits.com/Learn/Home>.

**In my Shoes** [In My Shoes | Housing and Community for Pregnant Women in North Texas \(liveinmyshoes.org\)](#)

[love@liveinmyshoes.org](mailto:love@liveinmyshoes.org) 469-857-3264 In My Shoes is one of the only faith-based nonprofit in the Dallas/Fort Worth Metroplex that houses homeless pregnant and parenting women from before the birth of their children to nine months after delivery. Our goal? Equip women for successful living.

**Abide Women's Health Services** [Home - Abide Women's Health Services](#) 972-474-6311 [info@abidewomen.org](mailto:info@abidewomen.org)

2612 MLK Jr. Blvd, Dallas TX 75215 Open Tuesday and Thursday: 10AM - 6PM They are an Accredited Easy Access Clinic™ in the heart of South Dallas serving pregnant people. They provide donation-based prenatal care for anyone in need, childbirth education, and lactation support.

## Substance Abuse Programs

**The Salvation Army Rehabilitation Center** [Combat Addiction - The Salvation Army of North Texas \(salvationarmyntx.org\)](#)

Phone: 214-630-5611 Address: 5554 Harry Hines Blvd. Dallas, TX 75235 Services include: housing, nourishing meal programs, medical care, work therapy, group therapy, skilled counselling, spiritual guidance, and prison release substance abuse program.

**US Department of Veteran Affairs** <https://www.va.gov/health-care/health-needs-conditions/substance-use-problems/>

Phone Hours: 24/7 Phone Number: 800-698-2411. They provide many options for Veterans seeking treatment for substance use problems ranging from unhealthy alcohol use to life-threatening addiction. The services we offer you depend on your specific needs.

We offer proven medication options, like:

- Medically managed detoxification to stop substance use safely, and services to get stable
- Drug substitution therapies and newer medicines to reduce cravings (like methadone and buprenorphine for opiate addiction)
- Nicotine replacement or other medicines for stopping tobacco use
- We offer counseling and other therapy options, like:
  - Short-term outpatient counseling
  - Intensive outpatient treatment
  - Marriage and family counseling
  - Self-help groups
  - Residential (live-in) care
  - Continuing care and relapse prevention (making sure you don't slip back into the same substance use problems)
  - Special programs for Veterans with specific concerns (like women Veterans, returning combat Veterans, and homeless Veterans)
- We also offer treatment and support for health conditions that can be related to substance use problems, like:
  - Posttraumatic stress disorder (PTSD)
  - Depression

[Learn more about treatment programs for substance use problems](#)

[Learn more about treatment programs for PTSD](#)

[Learn more about treatment programs for depression](#)

**Arise Recovery Centers, Dallas, Texas** <https://ariserecoverycenters.com/> 5440 Harvest Hill Rd. Suite 230 Dallas, TX

75230 Phone:(214) 613-0616 At Arise Recovery Centers, Master's Level Counselors have achieved the highest certifications and specialize in developing personalized, evidence-based, drug addiction & alcohol addiction rehab treatment programs to help clients recover from the grips of substance abuse. Arise offers an intensive outpatient

program (IOP), individual therapy, and group therapy for alcohol and drug rehab. They provide treatment for men and women. A sliding scale fee and private insurance is accepted.

**STEP Med** 2929 Martin Luther King Jr Boulevard Dallas, TX – 75215 (214) 421-9100. STEP Med is a private rehab located in Dallas, Texas. STEP Med specializes in the treatment of drug and alcohol abuse.

**Life's Second Chance Treatment Center South** 2615 South Lancaster Road, Dallas, Texas 75216 Phone +1-855-662-9310 [info@lsctreatmentcenter.com](mailto:info@lsctreatmentcenter.com) The program provides substance abuse treatment services in a short term residential setting to adult men and women. These services include behavioral therapy, trauma related counseling, individual and group counseling, motivational interviewing, relapse prevention and anger management. Payments accepted include cash or self payment, medicaid and state financed health insurance plans other than medicaid.

**Volunteers of America Substance Abuse Treatment-** [Substance Abuse Treatment | Volunteers of America \(voatx.org\)](http://voatx.org)  
4700 S. Riverside Drive Dallas, TX – 76119 (817) 534-3432 Volunteers of America's addiction treatment and recovery programs address not only the addiction itself, but also issues like poverty, homelessness and abuse that arise from chemical dependency. They are committed to helping clients gain sure footing in sobriety so that they can reclaim what was lost and become productive members of their families and society.